



Requiring to Use Contraception with Choices in Contraceptives

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Why is contraception required?

- We don't know whether the ring is safe to use during pregnancy
 - The dapivirine ring is an investigational product
 - Some women in ASPIRE and The Ring Study became pregnant when they were using the ring, and they had normal pregnancies -- they also stopped using the ring as soon as they learned they were pregnant
 - MTN hopes to conduct studies in pregnant and breastfeeding women here in Africa

MTN's Mantra: Expand the Method Mix

- MTN is committed to providing its study participants a range of effective contraceptive methods from which to choose
- Created the Contraceptive Action Team (CAT) in 2012:
 - In VOICE, most women used either the pill or injectable contraceptives, especially DMPA.
 - Potential HIV risk associated with use DMPA
 - Women were counseled on other methods but sites did not provide them directly – it may have been easier to take what was available onsite than to follow through on a referral
- The goals of the CAT were to develop contraception experts at each site and for sites to offer at least four methods
- The assumption: With access to a variety of methods, women would naturally diversify their uptake.

Methods offered in REACH



- Participants must use an effective method of contraception
- Site staff will counsel participants on the different options
- All options will be available directly at the site.
- Specific methods that will be offered :
 - Copper-T IUD
 - Implanon Implant (single rod)
 - Jadelle Implant –(2 rods)
 - DMPA Injectable
 - Net-En Injectable
 - Oral contraceptives

Only one new thing at a time



- Must use one of these contraceptives for at least two months prior to enrollment
 - We will start them on a method if they are not already on one
- Want to be sure she has time to get accustomed to the contraceptive – and that initial side effects subside – before she begins use of the vaginal ring or oral PrEP
 - Don't want her experience using the contraceptive to overshadow her experience with the study products
 - The study team can be more certain that any side effects or changes that occur during product use are attributable to the ring or PrEP and not the contraceptive.

Contraception in REACH



- Will provide a range of family planning options
- Young women will choose the method they want
- We will encourage LARCs - IUDs and implants - because they are the most effective and because they are reversible



Questions?
