

Aligning Programs with Preferences: Designing PrEP Programs for and with Young People in Zimbabwe

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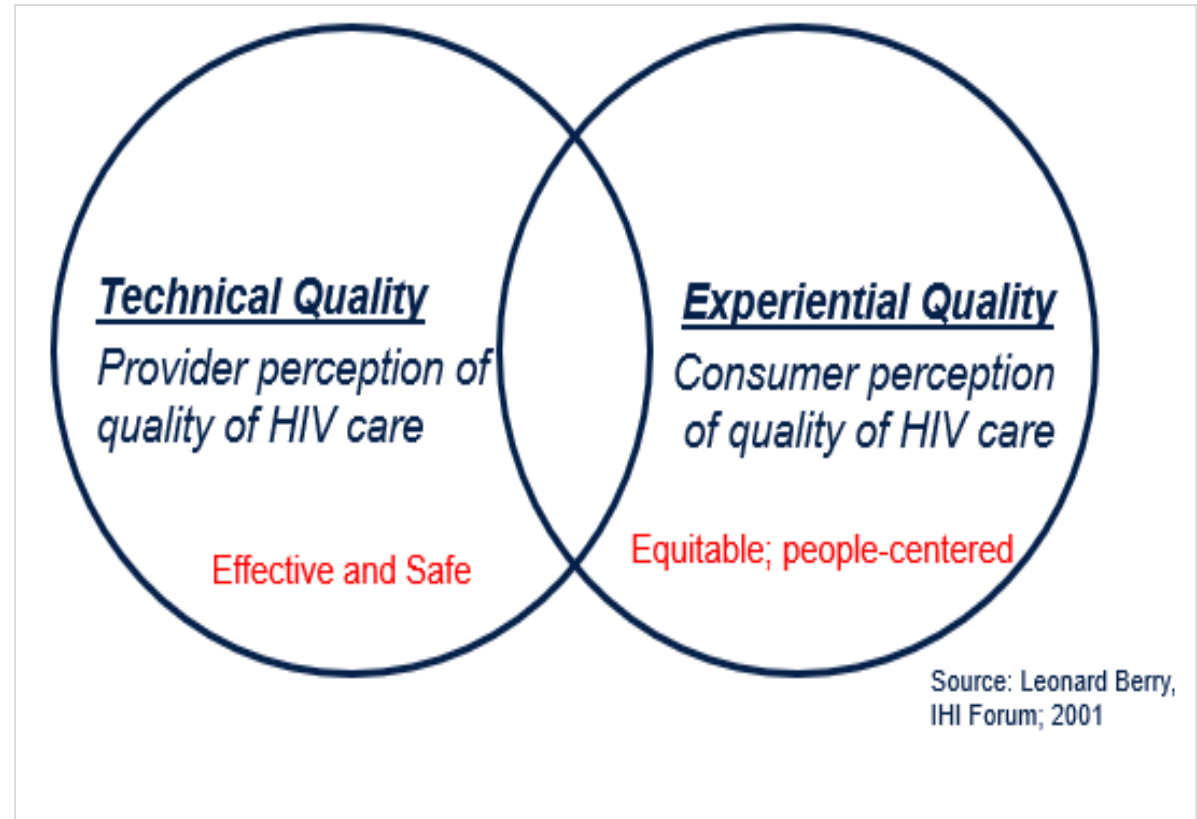
SENIOR TECHNICAL CONSULTANT

PANGAEA ZIMBABWE AIDS TRUST

A focus on the delivery of quality PrEP services



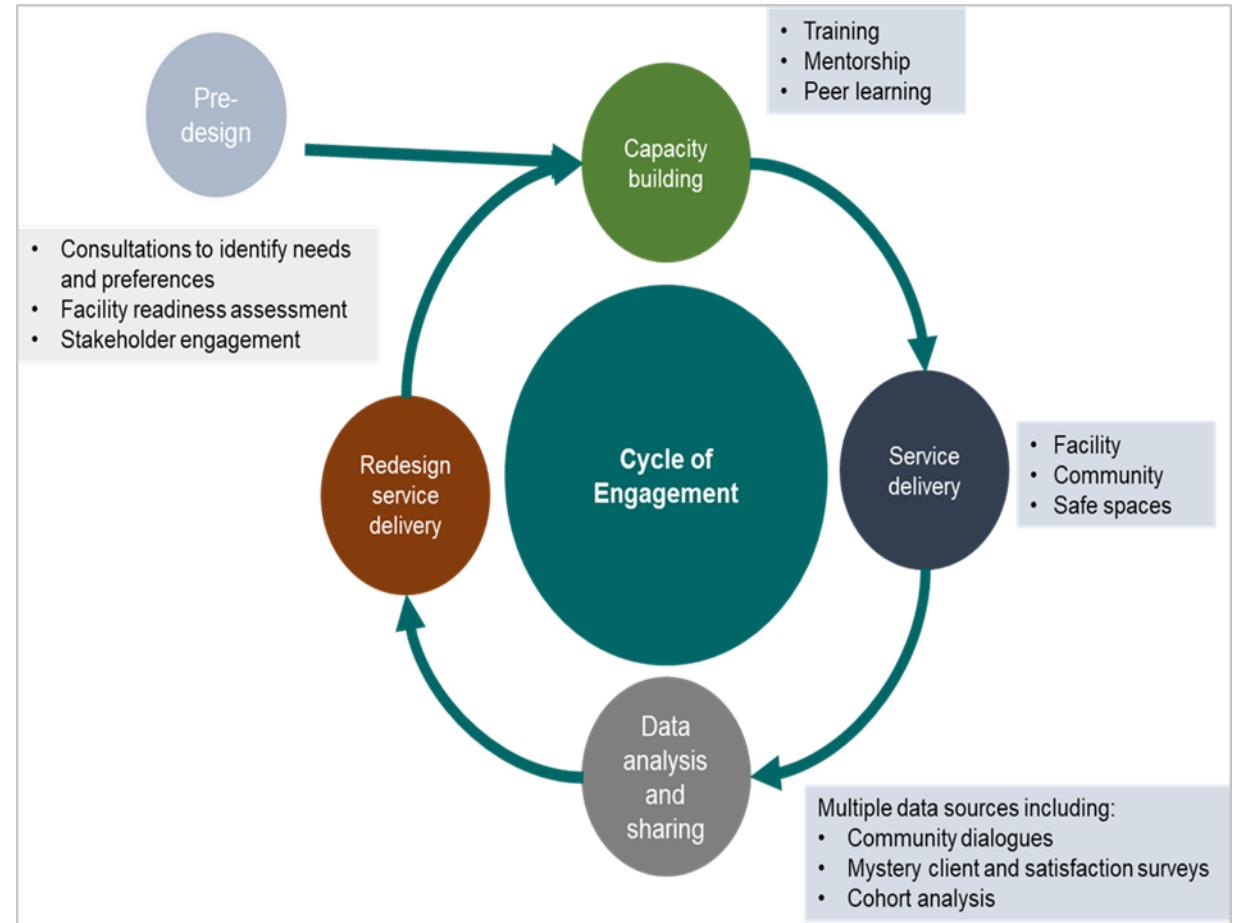
PrEP is a pill that reduces the risk of HIV by over 90% if taken daily and correctly.
One pill a day keeps HIV away!
Visit SHAZI Hub at Citimed Hospital in Zengeza 4, Chitungwiza. Call hotline: +263 (0) 242 121 807 for more details.



Source: Leonard Berry, IHI Forum, 2001

Alignment with Preferences Requires Continuous Engagement

- Program was designed with a client-centered approach to ensure the services are responsive to the needs of the young people
- Clients educated and supported to make decisions through literacy sessions and regular community dialogues
- Key components include:
 - Multiple data sources
 - Multi-pronged engagement processes
 - Community-facility linkages



PrEP Champions facilitate engagement through multiple platforms

- Trained using a standardized curriculum (Ambassador toolkit)
- Scope of work includes facilitating dialogues, literacy sessions plus service delivery (mobilization, linkage, navigation, tracking and tracing)



Now we know: It is About Choices, Access, Respect, Privacy!

Choice: integrated and differentiated care

- *“At the end it has to be about choice so that an AGYW is able to access what works best for her...Adolescents are actually not a homogenous group; remember some of them are married. Some are out school and others are in high school, etc. So their choices and preferences are very different.” CSO dialogue, RHRN*

Access: services that meet their needs, when they need them

- *“Sometimes one pays 25 dollars user fees to be able to get to the clinic, only to be told that the particular service they need is not available. They are referred to another centre where they again need to pay 25 to access the clinic. After that they also need to buy the medication...Ideally all services should be free and in one place.” CSO Dialogue, RNCYP*

Respect: non-judgmental care

- *“Here (at a youth drop-in centre) I’m treated well. The staff is friendly and I meet other young people my age. I’m on PrEP and no one asks me why I need PrEP, like what have I done that warrants you taking PrEP.” AGYW 16-24, SHAZ! HUB*

Privacy and confidentiality

- *“I prefer somewhere private so that one cannot guess what service I am there for. Unlike at (regular health) clinics where one can tell that you are now going for HIV testing which means you are having unprotected sex.” AGYW 16-24, SHAZ! HUB*



Acknowledgements

- Ministry of Health and Child Care, Zimbabwe
- Pangaea Zimbabwe AIDS Trust
- OPTIONS Consortium funded by USAID/PEPFAR
- ZIMPAAC Consortium funded by CDC/PEPFAR
- Young people
- Health workers

