

# PREP (PRE-EXPOSURE PROPHYLAXIS)

- Reduces HIV risk infection by more than **90%** amongst high risk men and women
- Is safe and highly protective in people of all genders when used correctly and consistently.
- Is an **additional prevention method** to condom usage, limited sexual partners, PEP, voluntary medical male circumcision, prevention of mother to child transmission and others.

PrEP can be accessed at the following sites/clinics in Cape Town:

- Site C Youth
- MSF
- TB and HIV Care
- Desmond Tutu HIV Foundation
- UCT Uhambo and
- At private clinics

**FOR MORE INFO CONTACT:**

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# SO, WHAT ABOUT PrEP?

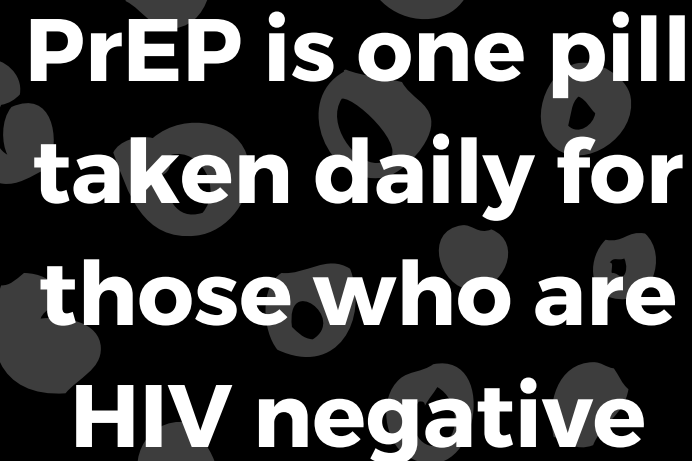
**TAKE BACK  
YOUR POWER  
TO BE  
PROTECTED  
WITH PREP**



## PRE EXPOSURE PROPHYLAXIS

PrEP is the use of antiretroviral drugs by an HIV-negative person to reduce his/her risk of HIV infection.

The South African government has approved the daily use of TDF/FTC (marketed as Truvada) for individuals who face significant risk of exposure to HIV.



**PrEP is one pill taken daily for those who are HIV negative**

**PrEP does NOT protect against pregnancy or STIs!**

## If you use PrEP...

- Take PrEP DAILY
- Follow all instructions precisely
- Refill your pills monthly
- Get tested for HIV every three months
- Continue to use protection against other STIs and pregnancy

**AN ESTIMATED 4,000 YOUTH IN SOUTH AFRICA ACQUIRE HIV DAILY**

Women between ages 18-35 represent an especially high risk population.



## Possible side effects\* of PrEP are:

- Headaches
- Nausea
- Stomach aches
- Dizziness

\*These are reported to go away within the first month.